"Your destiny is in your hand for you become what you think. So you should be very careful while thinking itself. How to be careful while thinking? For that you have to practice Vipassana. What is Vipassana? Vipassana is a training which keeps the mind in the present tense, as present tense is the only reality in life, where you realise life's basic qualities like impermanence, suffering, and egolessness. How to keep the mind in the present tense? For that, during Våtakāla (between 2am to 6am) you have to observe your own physiological process which will be there throughout your life. Which is that process! Breathing!"

**Bhagavan Gautama Buddha**

*Known in India as 'Bhaishajya Guru' - the Master Healer*
Ayurveda - 'The science of life', considered to be as ancient as human civilisation, has been serving mankind since time immemorial and still survives just because of its sheer therapeutic value. In the event of scientific findings which have proved that ayurvedic medicines cure the disease by strengthening the body immune system, now considered to be the most scientific approach towards health, the relevancy of ayurvedic remedies become more significant. It has also become very popular in the west due to major changes taking place in the consumer attitude towards health and natural products.

Muniyal Ayurveda took its inspiration from Late Dr. U. Krishna Muniyal, who practiced Ayurveda for more than 40 years and was the disciple of Pandith Taranath, a great Ayurveda scholar who had treated Mahatma Gandhi several times. Pandith Taranath used to perform Parakâya Pravesha (one's consciousness entering into another's body) while treating the patient. Ancestors of the Muniyal family used to treat patients with all types of ailments successfully by using holy water enchanted with sacred and auspicious hymns.

Dr. U. Krishna Muniyal Memorial Trust (R) looks after the academic activities of Muniyal Ayurveda.

Research & Development, pharmaceutical production, and healthcare activities of Muniyal Ayurveda come under the company, namely Dr. Krshna Life Sciences Ltd.

Dr. U. Krishna Muniyal (1914-1982)

Dr. U. Krishna Muniyal Memorial Trust (R)
Muniyal Ayurveda Hospital & Research Institute
Muniyal Institute of Ayurveda Medical Sciences & Post-Graduate Centre

Books & Publications

Dr. Krshna Life Sciences Ltd.
Bringing Life to Science™

Muniyal Ayurveda Pharmaceutical Unit
Muniyal Ayurvedic Research Centre
Muniyal Ayurveda Herbal Gardens
Muniyal Ayurveda Family Clinics

The first ayurvedic company with its products being registered as para-medicines in Europe

Trustees & Directors of Muniyal Ayurveda

President  Dr. M. Vijayabhanu Shetty
Secretary  Chiranjith Ajila
Treasurer  Hemalatha Shetty

Members  Dr. M. Aravind Shetty
          Mr. A. R. Hegde
          Dr. Shraddha Shetty
          Ms. Shloka Shetty
          Dr. Jeevan Krishna Shetty

Disease, a guest not enemy - we treat accordingly
Dr. U. Krishna Muniyal Memorial Trust (R)

The Trust has devoted itself to the field of Ayurveda by undertaking cultivation & preservation of rare medicinal plants, research in Ayurveda, developing treatment for chronic & incurable diseases, establishing speciality Ayurveda hospitals, running under-graduate and post-graduate courses in Ayurveda, propagating ancient herbal gardens, establishing a literary division to bring out ancient Ayurvedic scriptures. The trust intends to revive ancient Indian wisdom through its proposed Buddhaayurved University.

Dr. Krshna Life Sciences Ltd.

Dr. Krshna Life Sciences Ltd. has been established to promote ancient medical therapy to the vast majority of the human race with the expertise and knowledge gained in the field of Ayurvedic medicines over several centuries. It aims to provide comprehensive healthcare facilities across India. Dr. Krshna Life Sciences Ltd. also provides low cost medical treatment to the poor and the needy through its Muniyal Ayurveda Family Health Card.

The company manufactures and markets Ayurvedic Research products in India and abroad. It is getting national & international acclaims for its scientifically proven products for chronic disorders like diabetes, alcoholism, arthritis, cardiac problems, liver and uterine disorders, bronchitis, amoebiasis, obesity, thyroid problems and parkinsonism. The company's products for Cancer and AIDS have been taken up for trails by prestigious institutions. The Research Centre is also attracting researchers from USA, Japan & Argentina. It has memoranda of understanding with prestigious Ayurvedic companies in countries like Hungary, to popularize ayurvedic research products.

The company intends to popularise Ayurveda by offering low cost healthcare to the common people by initially establishing over 200 Muniyal Ayurveda Family Clinics (one in each taluk of Karnataka), initially covering about 10 lakh beneficiaries.

The first ayurvedic company with its products being registered as para-medicines in Europe
- Muniyal Institute of Ayurveda Medical Sciences running Undergraduate & Post-Graduate Courses in Ayurveda. Approved by Dept. of AYUSH, Govt. of India with a 175-bedded Ayurvedic Hospital at Manipal.
- 8 Muniyal Ayurveda Family Clinics at Bengaluru, Mangaluru, Udupi, Manipal, Malad-Mumbai, Kannur-Kerala and Robertsvanj-UP.
- International Organic Certification from SKAL, The Netherlands for herbal gardens.

**Drug Research:** The company manufactures and markets Ayurvedic Research products in India and abroad. It is getting national & international acclaims for its scientifically proven products for chronic disorders like diabetes, alcoholism, arthritis, cardiac problems, liver and uterine disorders, bronchitis, amoebiasis, obesity, thyroid problems and parkinsonism. The company's products for Cancer and AIDS have been taken up for trials by prestigious institutions. The Research Centre is also attracting researchers from USA, Japan & Argentina. It has memoranda of understanding with prestigious Ayurvedic companies in countries like Hungary, to popularize ayurvedic research products.

- License for 50 proprietary, human and veterinary research products, and 150 classical ayurvedic products. Toxicity studies of all the above products have been done.
- All products have been duly registered with the Drug Licensing Authority, Dept. of AYUSH, Karnataka, with GMP Certification for its medicine manufacturing unit.
- 20 research products like Insol-N, Herbotrim, Heartogen, Muneks, Muniojus, etc. are duly registered with Patent and Trademark Registration Office of Govt. of India.
- 17 lines of treatment like Mahoshadha Kalpa, Madumeha Kalpa, etc. and unique processes like Vrkshved, Dravyashudh and Vamshvahini are duly registered with Patent and Trademark Registration Office of Govt. of India.
- 2 products namely MUNIPYRIN for arthritis and HERBADICT for alcohol and drug addiction, have been registered in Europe as para-medicines, being the first ayurvedic medicines from India to have this distinction.

**Clinical Research Work:** MAHOSHADHA KALPA is a unique, patent ayurvedic therapy for cancer. **22 patients** suffering from different types of cancers effecting the lung, thyroid, breast and uterus **have become completely asymptomatic** by this therapy. Investigations showed disease free conditions (cure) in several cases. More than **400 patients** have benefitted from this therapy - most of the patients got rid off the **fear of pain, fear of disease and fear of death, with improved general conditions.** Mahoshadhya Kalpa has successfully prevented metastasis (spreading of cancer) in several cases.

**Literary Research Work:**

a) **Sacitra Caraka Samhita**, a useful book of reference for Ayurvedic U.G. and P.G. students released by the former President of India Dr. A.P.J. Abdul Kalam.

b) **Ayurveda Saara**, a book in Kannada containing vital information about ayurveda and health.

c) **Sammasambuddha & Jamboo Dweepa**, essence of tripitaka

d) **Buddhaayurved** - a Kannada monthly magazine on Buddhism and Ayurveda

- Developed and donated sacred herbal garden to Udupi citizens.
Muniyal Institute of Ayurveda Medical Sciences, was established with a vision to impart the knowledge of ayurveda to one and all. It is located in a spacious 60,000 sft building, also housing the Muniyal Ayurveda Hospital & Research Institute, a specialty ayurvedic hospital.

The college intends to train the students in ayurveda by using modern scientific ways, so that when they complete their course of study, they will be ready to face the challenges ahead without any setback. It will also encourage the students to involve themselves in ayurvedic research. The college, with its strategic location, is ready to take all the advantage available there for medical teaching and para-medical sciences. The college building includes a spacious and well-equipped computerized library, dissection theater, pathology & physiology labs, conference and lecture halls.

The college regularly organizes Free Medical Camps in rural areas for the benefit of the poor. This creates service mentality in the students and provides exposure to a wide variety of cases.
B.A.M.S.
Bachelor of Ayurveda Medicine and Surgery

Ayurveda, 'The Science of Life', considered to be one of the upavedas, has been serving the mankind for more than 4000 years and still survives just because of its sheer therapeutic value. In the scientific findings, which have proved that ayurvedic medicines cure the diseases by strengthening the body immune system now considered to be the most scientific approach towards health, the relevancy of ayurvedic remedies become significant.

The college trains students for B.A.M.S degree course according to the syllabus of the Central Council of Indian Medicine, New Delhi. B.A.M.S. degree holders are eligible for registration at the Central or the State Ayurveda Boards. Their status is at par with any other Medical Graduate in India. They are also eligible for appointments in the Central or State Government Public Health and Ayurveda services.

FEES: Fee structure is according to the guidelines set by the Rajiv Gandhi University of Health Sciences, Bangalore and students will be informed at the time of interview.

MODE OF SELECTION: The selection of the candidates is based on merit, i.e. the percentage of marks obtained in the 10+2 (PUC/HSC/equivalent) examination in the subjects Physics, Chemistry and Biology.

Medium of Instruction: ENGLISH
M.D./M.S. (Ayurveda)
Masters Degree in Ayurveda

Course Duration: 3 years
Eligibility: B.A.M.S.

M.D. Rasashastra and Bhaishajya Kalpana (Ayurveda pharmaceutics): This is the branch of Ayurveda pharmacy that mainly deals with herbal formulations. Subject includes details of design and development of formulations, standardization, quality control, pharmacy practice, forensic pharmacy etc giving ample opportunity to prepare the scholar suitable for Ayurvedic and herbal pharma industry, R & D centres and academics. This branch also deals with various metals, minerals and herbomineral formulations.

M.D. Dravyaguna (Ayurveda material medica and pharmacology): Student will be trained with the details of drug identification, pharmacognosy, phytochemistry, evaluation of pharmacological activities, in depth details of Ayurvedic treatises on medicinal plants. Scholar will be efficient and suitable to work in herbal industry, medicinal plant research, academics etc.

M.D. Kayachikitsa (Ayurveda Medicine): This is the speciality of Ayurveda medicine. Student will be provided with the knowledge of finer details of Ayurveda therapeutics from ancient Ayurveda texts with modern parlance and exclusive clinical training. Doctors will come out as highly competitive and successful clinical practitioners of Ayurveda and have an opportunity to open own clinics, hospitals, work in therapy centres and Ayurvedic colleges.

M.D. Panchakarma: Students will be trained with different treatment modalities of Ayurveda Panchakarma practice with on hand experience. Students will be trained with the planning and application of Panchakarma and other techniques like physiotherapy according to the person and disease. They have an opportunity worldwide to develop and manage Panchakarma centres.

M.S. Shalya Tantra (Ayurveda General Surgery): Students will be trained with general surgical management including specialized Ayurvedic surgical procedures like Kshara sutra, Agni karma, Jaloukaavacharana etc. They have excellent opportunity to carry out specialized clinical practice in surgical conditions.
Eligibility for Admission

- Admission to B.A.M.S. degree course is open to students who have passed second year of the Pre-University examination of the Karnataka P.U. Board or any other equivalent examination recognised by the Rajiv Gandhi University of Health Sciences with Physics, Chemistry and Biology as optional subjects. The candidates should have obtained at least 50% marks in aggregate in the PCB optionals in the second year of the PUC examination.

- 40% marks for SC/ST, CAT-1, 2A, 2B, 3A and 3B category candidates (Karnataka candidates)

- All admissions made by the college to first year of the B.A.M.S. course are subject to the approval of the Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.

- Out-of-state students should obtain University Eligibility Certificate from the Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, within the last date of admission fixed by the University. However, the college office will assist the student with this process.

- Candidates seeking admission to the first year of the B.A.M.S. should have attained the age of 17 years on the date of admission.

- Admission to M.D./M.S. (Ayurveda) is open to all students who have passed B.A.M.S. degree course at first attempt in the concerned subject.
The Location - MANIPAL

The college is located at Manipal, an exclusive University town, also called an International Education Centre, because it offers almost every kind of professional and non-professional course. Manipal is also a developing IT and BPO center, poised for exponential growth in the coming years.

The 'Temple Town', Udupi, home of the famous 800 years old SriKrishna Temple is 5 km away and is a hub of commercial activity, being the district headquarters. The well-known Malpe beach with its golden sands is 8 km from here. Udupi is also the epicenter for visits to important places of pilgrimage and archaeological sites - namely Kollur, Dharmastala, Mulki, Sringeri, Karkala, Moodbidri, Belur and Halebeedu. As Manipal is an International Education Centre, there are a lot of avenues for recreation and entertainment. For recreation, there is End Point, a plateau in Manipal, and Malpe beach just on the outskirts.

Manipal is located in the Udupi District of Karnataka, on the West Coast of India, 65 km north of Mangalore, 300 km south of Goa, 6 km off the National Highway 66 connecting Kanyakumari to Mumbai. It is situated on a plateau commanding a panoramic view of the Arabian Sea on the West and the Western Ghats range on the East. The surroundings are picturesque, comprising of rural farm lands.

ACCESSIBILITY

By Road - Manipal is connected by road to Mumbai, Thiruvananthapuram and Bangalore via NH 66
By Air - Mangalore Airport (60 km from Manipal) is well connected to New Delhi, Mumbai, Bangalore, Chennai, Dubai, Abu-Dhabi - Muscat, Bahrain - Qatar
By Rail - Udupi Station (3 km from Manipal) has links with New Delhi, Mumbai (Rajdhani, Mangala, etc.) and Trivandrum. It is also one of the major junctions on the Konkan Railway Line, running along the west coast of India

Average Temperature: 24 C to 35 C
Average Rainfall: 260-300 inches/year

Other well known Educational Institutions in Manipal:

- Kasturba Medical College & Hospital (KMC)
- Welcomegroup Graduate School of Hotel Administration (WGSHA)
- Manipal University
- T. A. Pai Management Institute (TAPMI)
- Manipal Institute of Communications (MIC)
- Manipal Institute of Technology (MIT)

Procedure for Admission

- Applications, duly filled and completed in all respects should be submitted to the The Principal, Muniyal Institute of Ayurveda Medical Sciences, Manipal, within the last date specified for the same. The application should be accompanied by the concerned marks cards and other certificates. Incomplete applications will be rejected.

- Selected candidates will be called for an admission interview by the Principal. Intimation to this effect will be sent by speed post.

- An applicant invited for the admission interview should bring with him the following documents without fail.
  1. SSLC / SSC (10th Std.) Marks Card
  2. PUC (10+2) / B.Sc. Marks Card
  3. Conduct Certificate
  4. Date of Birth Certificate
  5. Medical Fitness Certificate
  6. Four passport size photographs
  7. For M.D./M.S.(Ayu.) - B.A.M.S. Degree Certificate in addition to the above
  8. University Eligibility Certificate (You will be provided assistance for this)
  9. Migration Certificate

- After the interview, the selected candidates shall pay the fees by Cash or DD favouring Dr. U. Krishna Muniyal Memorial Trust (R), Udupi, failing which the seat will be allotted to the next deserving candidate.

- Migration Certificate & Transfer Certificate should be obtained and produced by the applicant on or before the date stipulated for the same.

- Fees once paid will not be refunded or adjusted to any other account under any circumstance.

- Every student admitted is bound by the prevailing rules and regulations of the college, hospital and hostel, framed from time to time.

- Any other information will be provided on request.
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By Road - Manipal is connected by road to Mumbai, Thiruvananthapuram and Bangalore via NH 66

Average Temperature: 24°C to 35°C
Average Rainfall: 260-300 inches/year
The Research Institute exclusively does research in Ayurveda for finding remedies for chronic diseases such as Cancer, Bronchial Asthma, Allergies, Diabetes, Rheumatoid Arthritis, Cardiac ailments Parkinsonism and to rehabilitate those suffering from paralysis, poliomyelitis and other neuro-muscular diseases.

Muniyal Ayurveda Hospital is built according to Vaastu, the ancient Indian architecture science, and surrounded by the ancient sacred herbal garden which absorbs cosmic energy thereby helping in the speedy recovery of the diseases. Patients are served with vegetarian diet, exclusively prepared from natural sources, collected from the Hospital’s own organic herbal gardens and dairy farm. The hospital has the following facilities enabling us to provide comprehensive therapy of patients:

1. 175 beds with Super Deluxe, Deluxe, Special rooms and general ward

Muniyal Ayurveda Hospital is a 175-bed, specialty hospital, consisting of multiple facilities to provide lifestyle management in an ayurvedic way under one roof. It provides comprehensive healthcare under the supervision of more than 44 post-graduate ayurvedic doctors, under one roof.

- Facilities for traditional therapies like Navarakizhi, Pizhicchil, Netrtarpana, Shirodhara, Udvartana, Svedana, Nasya and Basti, etc.
- Operation theatre for Kshara Sutra, etc.
- 100-bed speciality cancer hospital wing
- Pyramid Therapy facility
- Full-fledged “Panchakarma” therapy rooms
- Yoga and Meditation hall
- Prasutigrha (Labour theatre)

The college building includes a spacious and well-equipped computerized library, dissection theater, pathology & physiology labs, conference and lecture halls. The institution has facilities for education through computers, multimedia and the Internet, which will ensure high-quality and up-to-date education in ayurveda. Separate Hostels for boys and girls, with food, are available.

The college regularly organizes Free Medical Camps in rural areas for the benefit of the poor. This creates service mentality in the students and provides exposure to a wide variety of cases. The college also arranges educational tours to nearby villages for the study of medicinal plantations.
The Research Institute, exclusively does research in Ayurveda for finding remedies for chronic diseases such as Cancer, Bronchial Asthma, Allergies, Diabetes, Rheumatoid Arthritis, Cardiac ailments Parkinsonism and to rehabilitate those suffering from paralysis, poliomyelitis and other neuro-muscular diseases.
Muniyal Ayurvedic Research Centre

Muniyal Ayurvedic Research Centre, founded in 1990, is an organisation for reviving the glory of ayurveda. The centre aims to research and re-discover the magic of wonderful remedies of ayurveda which were being practiced in India since ages. It is accredited with ISO 9001:2008 - an international quality assurance certificate. It has also procured GMP Certification of the Government of Karnataka.

The center is getting national & international acclaims for its scientifically proven products for chronic disorders like diabetes, alcoholism, arthritis, cardiac problems, liver and uterine disorders, bronchitis, amoebiasis, obesity, thyroid problems and parkinsonism. The company's products for Cancer and AIDS have been taken up for trails by prestigious institutions. The research institute is attracting researchers from USA, Japan & Argentina.

Importance of herbo-mineral drugs:

Herbo-mineral preparations are those potent preparations of ayurveda which are prepared by processing and combining (by boiling & grinding the traditional way) different minerals with potent herbs. According to ayurveda, more the grinding of the ingredients, more is the potency of the formulation. These formulations, otherwise known as "Rasaushadhi" are considered far better than simple herbal formulations. It is mentioned in ancient scriptures,

\[
\text{Alpamatropayogitvat arueh aprasangatah|}
\text{Ksipram arogyadayitwat asdhebhyo adhiko rasah ||}
\text{Swalpa hi matra vipula gunas'ca sadyo hi taddipana pacanas'ca}
\]

"These are the medicines which have more potency, hence they bring back normalcy, curing the disease very quickly even when they are administered in small doses and at the same time there will not be any problem of palatability."

Some of the scientifically proved preparations of the company include Insol-N, an oral ayurvedic anti-diabetic, Herbotrim, for lipid cholesterol management, Herbadict, for alcoholics and drug addicts, Munipayn, for Rheumatism and Arthritis, Heartogen, a cardio-protective, Muniprajnaa, for parkinsonism, Muniprabhaa for urinary calcification and Munipile for haemorrhoids and piles. The company's research product Muneks is being successfully used to treat cancer patients. Muniojus, an immunomodulator, has been given to several HIV+ve patients for trials.

All research products have been duly approved and patented in the directorate of Indian Systems of Medicine & Homeopathy, Govt. of Karnataka, India.
also procured GMP Certification of the Government of Karnataka. It is accredited with ISO 9001:2008 - an international quality assurance certificate. It has been mentioned in ancient scriptures, known as “Rasaushadhi” are considered far better than simple herbal formulations. It is the glory of Ayurveda. The centre aims to research and re-discover the magic of ingredients, more is the potency of the formulation. These formulations, otherwise prepared by processing and combining (by boiling & grinding the traditional way), have been taken up for the treatment of cancer and AIDS have been taken up for the research work induced diabetes in rats by injecting 'Alloxan' which destroys pancreas. Subsequent administration of Insol-N produced the following results:

a) It brings down blood sugar to normal level within a short period.
b) Glycogen and protein levels in the tissues of the heart, liver and kidney are raised to normal level.
c) Lipid, cholesterol and tissue phosphates are brought down to normal level.
d) Insol-N regenerates Beta cells of Islets of Langerhans of pancreas which secret body Insulin. The researcher got his M.Phil, for the above work.

Importance of herbo-mineral drugs:

Swalpa hi matra vipula gunas’ca sadyo hi taddipana pacanas’ca
Ksipram arogyadayitwat asdhebhyo adhiko rasah ||

Muniyal Ayurvedic Research Centre, founded in 1990, is an organisation for reviving and patented in the directorate of Indian and USA, Japan & Argentina. All research products have been duly approved trails by prestigious institutions. The research institute is attracting researchers from different minerals with potent herbs. According to Ayurveda, more the grinding of the ingredients, more is the potency of the formulation. These formulations, otherwise prepared by processing and combining (by boiling & grinding the traditional way), have been taken up for the treatment of cancer and AIDS have been taken up for the research work induced diabetes in rats by injecting 'Alloxan' which destroys pancreas. Subsequent administration of Insol-N produced the following results:

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Scientific Background:

Insol-N tablet is a polyherbo-mineral Ayurvedic formulation that has created a new dimension in the treatment of diabetes. It helps to maintain the blood sugar at normal level. Lipid, cholesterol and tissue phosphatases are also maintained at normal levels. Insol-N is the drug of choice in keeping the blood sugar at normal level in 'Non insulin-dependent diabetes'. Even in 'Insulin-dependent diabetes', it is found to be useful, as it reduces the daily requirement of insulin dosage. It protects the patient from the possible complications of diabetes like diabetic retinopathy, diabetic gangrene, diabetic neuropathy and vascular disorders (atherosclerosis).

Our Research Products

**INSOL-N**

Oral Ayurvedic Anti-Diabetic

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Scientific Background:

Insol-N Tablet is an oral Ayurvedic anti-diabetic that has undergone intensive research work. A post-graduate from Mangalore University in his research work induced diabetes in rats by injecting 'Alloxan' which destroys pancreas. Subsequent admini-stration of Insol-N produced the following results:

a) It brings down blood sugar to normal level within a short period.
b) Glycogen and protein levels in the tissues of the heart, liver and kidney are raised to normal level.
c) Lipid, cholesterol and tissue phosphates are brought down to normal level.
d) Insol-N regenerates Beta cells of Islets of Langerhans of pancreas which secret body Insulin. The researcher got his M.Phil, for the above work.

**HERBOTRIM**

For Obesity and Lipid, Cholesterol Control

Herbotrim has proven to be very useful in reducing body weight, improving metabolism and reducing obesity related problems. Various clinical studies, pharmacological experiments, bio-chemical and histopathological studies carried out have proved that Herbotrim is an excellent Ayurvedic product to reduce the elevated serum cholesterol and lipids by correcting lipid metabolism. It is very interesting to note that Herbotrim prevents atherosclerosis of blood vessels and fatty infiltration of vital organs thereby protecting from cardiovascular and cerebrovascular diseases. It can be used as an excellent supplement for the patients of Myocardial infarction, coronary artery disease and diabetes mellitus.

Studies carried out in a highly reputed pharmacy college and research centre at Chennai show highly significant reduction of total cholesterol, low density lipoprotein (LDL), triglycerides, atherogenic index & increase in high density lipoprotein (HDL) which indicate promising results of Herbotrim as a hypocholesteremic (cholesterol lowering) drug. Histopathological studies of Herbotrim treated rats have proved that Herbotrim has excellent tissue protective activities against fatty infiltration and tissue damage. Acute toxicity study carried out as per Globally Harmonized system has proved the tablets as absolutely safe even at a high dose.

**HEARTOGEN**

A safe and effective Cardio-Protective

Heartogen is a safe cardio-protective drug. It is an outcome of extensive research work. Heartogen tablets are developed by making use of Hridya herbs mentioned in Ayurveda which keep Prana Vayu, Sadhaka Pitta and Avalambaka Kapha present in the heart, in perfect balance, thereby protecting the heart.

Heartogen can be used in hypertension, cardiac arrhythmia (irregular heart beat), chest pain (angina pectoris due to ischemia), to improve blood circulation to heart and also to strengthen heart muscles.

Heartogen tablets were subjected to acute oral toxicity study and also to check its effect on behavioural and nervous system with an intention to prove the un-harmfulness of the product. The studies proved that Heartogen is free from toxicity even at a dose of 6000mg/kg wt. which was the maximum possible dose.

It was evaluated for its cardio-protective action which established that Heartogen acts through the inhibition of apoptosis (cell death) and oxidative damage. It enhances the resistance of myocardial membrane structure against the iso-proterenol induced myocardial damages. The latest study provides evidence for protective effects of Heartogen on myocardium in experimentally induced myocardial infarction.
Muneks is a combination of more than 50 anti-carcinogenic herbs, minerals and bhasmas prepared according to the description given in the ancient texts of Ayurveda. Muneks has significant anti-tumor property, and is non-toxic at high doses.

Muneks enhances body immunity, prevents tissue damage, stops the progress of tumor growth and also helps to regress the tumor growth. In addition to this it also improves general health of the individual. Muneks shows very good immunomodulatory activity. It enhances natural killer cell activity and also tumor nursing factors and anti-body dependent cellular cyto-toxicity (ADCC).

Muneks has anabolic and cytoprotective activity, proving its action in protecting the vital organs like liver and the kidneys. It also shows antioxidant effects where it acts as a potent inhibitor of lipid peroxide formation and scavenger of hydroxyl and super oxide radicals in-vitro. Anxiolytic, anti-stress activities along with anti-inflammatory and anti-ulcer activities contribute to the overall effect.

Muniojus is a research product containing more than 70 herbo-mineral ingredients, which are selected and formulated in such a way as to act in different levels of the body. It is very useful in HIV positive patients as it strengthens the immune system and enhances the body defense mechanism. Most of the ingredients in the formulation have proven immuno-modulatory activity. Some of them are potent immuno-stimulators; thereby improving non-specific and also acquired immunity; deficiency of which is seen in HIV infections.

Various research works show that it is effective in reducing disease progression, increase CD4 cell counts, improve host resistance and probably reduce viral load. It has proven antiviral activities and is found to be useful in delaying the progress of disease.

**Main Actions:**
- Improves non-specific & acquired immunity; deficiency of which is seen in HIV infections
- Helps in preventing opportunistic infections
- Useful in delaying the progress of disease
- Acts as an anti-oxidant

**Clinical Data:** The product is under clinical trial and initial reports are highly encouraging. It is observed that the product not only increases CD4 and CD8 counts but also reduces viral load among the patients detected HIV positive. Symptomatic improvement is also seen among the patients under the treatment.
Our Research Products

**MUNIBEYOTIC®**
An Ayurvedic Antibiotic

- Supportive therapy in antibiotic resistance
- Possesses immunomodulatory, antioxidant, anti-inflammatory and antimicrobial properties
- Stimulates phagocytosis
- Increases the level of antibody-forming cells and also specially sensitized T lymphocytes
- Useful in upper respiratory tract infection like tonsilitis and pharyngitis
- Safe, devoid of chemicals and can be used as supportive to antibiotic therapy.

**MAHOUSHADHA® Granules**
Body De-toxifier

It has been observed that majority of cancer cases are associated with food toxins. Even though vegetables and fruits contain antioxidants, when contaminated with heavy metals, pesticides and other carcinogens, they enhance the incidences of cancer. There are well established herbs and food supplements which have potential chelating and antioxidant properties. Presence of Vitamin C, Vitamin E, certain alkaloids, bioflavonoids, etc. in such plants help to detoxify the body. **Mahoushadha Granules** are designed by judicially combining such herbs so that their regular consumption not only helps to prevent cancer but also helps to detoxify the body by chelating heavy metals and scavenging free radicals. Mahoushadha Granules can be used regularly by both cancer patients and healthy individuals.

**MUNITHYRONE®**
A proprietary product for thyroid disorders

- A single drug for both hypo and hyperthyroidism
- Supports the normalization of T3/T4 levels, supports the thyroid’s ability to properly absorb iodine, and supports the activity of a number of important thyroid enzymes.
- Corrects basal metabolic rate
- Useful to relieve the associated conditions like anemia, general debility, weight variation, mood swings etc.
- Reduces thyroid swelling
- Acts as immune modulator hence beneficial in auto immune thyroiditis

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**MUNIYAL SALT®**
Safe dietary salt supplement

- As per medical advice Cardiac, Diabetic & Hypertensive patients have to avoid salt in their food, which makes it tasteless.
- Muniyal Salt is a safe, dietary ayurvedic salt supplement having added therapeutic value.
- It protects heart, pancreas and kidneys from the toxic effects of normal salt, hence, it is also recommended for healthy individuals.
- Muniyal Salt is to be used like normal salt in cooking.

**MUNIBEYOTIC®**
An Ayurvedic Antibiotic

- Supportive therapy in antibiotic resistance
- Possesses immunomodulatory, antioxidant, anti-inflammatory and antimicrobial properties
- Stimulates phagocytosis
- Increases the level of antibody-forming cells and also specially sensitized T lymphocytes
- Useful in upper respiratory tract infection like tonsilitis and pharyngitis
- Safe, devoid of chemicals and can be used as supportive to antibiotic therapy.

**TVAKSHUDDHI®**
For chronic skin diseases, allergic rashes & non-healing ulcers

- Proved by scientific research studies for the treatment of varieties of skin diseases.
- It is a herbomineral product having anti-inflammatory, immuno-modulatory activities.
- Indications: Kushtha (chronic skin diseases), Shvitra (vitiligo and leucoderma), Kandu (pruritis) and Dushta Vrana (infected chronic ulcers)

**HERBADICT**
Freedom from Alcholism & Drug Addiction

- Protects vital organs of the body like liver, kidney & brain from the toxic effects of alcohol & drugs.
- Repairs the cells of vital organs.
- Enhances memory and willpower.
- Minimizes withdrawal symptoms.
- Induces natural sleep pattern.
Mahoshadha Kalpa is a multi-dimensional, unique, patent ayurvedic therapy for Cancer designed and developed by Dr. Krishna Life Sciences Ltd. 22 patients suffering from different types of cancers effecting the lung, thyroid, breast and uterus have become completely asymptomatic by this therapy. Investigations showed disease free conditions (cure) in several cases. More than 400 patients have benefitted from this therapy - most of the patients got rid off the fear of pain, fear of disease and fear of death, with improved general conditions. Mahoshadha Kalpa has successfully prevented metastasis (spreading of cancer) in several cases.

Mahoshadha Kalpa - this name is given on the basis of a story related to the Buddha. In one of the previous births when the Buddha was born as Bodhisattva, Lord Indra placed a herb in the child's hand. The child's father, seeing the herb in its hand at the time of birth thought it to be a special herb and administered it as medicine to all the illness of local people. They all regained health within no time. Hence, this Bodhisattva came to be called 'Mahoshadha Kumara'. The treatment schedule is developed on the doctrines explained by the Buddha that diseases are caused by vitiation of food (aahara), environment (rutu), consciousness (chitta) and past deeds (karma) - hence it is called Mahoshadha Kalpa.

Buddha explains that disease is the messenger of the Universal Law. In allopathic science disease is considered as an enemy, hence they fight against it. We consider disease as a messenger, therefore treat it with due respect. When a patient also accepts that disease is a messenger it becomes much easier for him/her to tolerate a dreaded condition like cancer. The patient never develops ill-will towards the disease and hence does not undergo mental depression, which is the right approach.
CONCEPT

In a healthy condition, one cell physiologically divides into two, two into four and so on in a coordinated manner. But, when one cell divides into ten and ten into hundreds in an uncoordinated manner it forms the basis of Cancer. The exact cause for such a rapid and uncoordinated growth is not explained by today's medical science. “Intelligence is not only present in the brain but also in millions of body cells” - this truth is explained by the Buddha. In this regard it can be stated that a disturbed intelligence of cell itself is the cause of Cancer.

Cancers figure among the leading causes of morbidity and mortality worldwide, with approximately 14 million new cases and 8.2 million cancer related deaths in 2012 (according to the WHO World Cancer Report 2014). The number of new cases is expected to rise by about 70% over the next 2 decades which shows the seriousness of the disease.

Modern medicine follows two modalities of treatment for Cancer. Firstly, a chemical drug is injected into blood to kill the Cancer cells, i.e. Chemotherapy. Secondly, Cancer cells are burned by Radiation therapy. But these, as known to all, in addition to killing Cancer cells kill even the normal cells, and produce considerable ill effects on the body. In due consideration of these facts Mahoshadha Kalpa, purely based on the Indian System of Medicine, has been indigenously researched and developed. It brings about both physical and mental well-being in patients and causes no untoward ill effects.

<table>
<thead>
<tr>
<th>BENEFITS</th>
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<tbody>
<tr>
<td>• Early restoration of health - prolongs life span.</td>
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<tr>
<td>• No ill effects like hair fall, organ damage, etc.</td>
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<tr>
<td>• Early treatment provides better efficacy and benefits.</td>
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<td>• Helps prevent Metastasis</td>
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<td>• Treatment is economical, compared to prevailing lines of treatment.</td>
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<tr>
<td>• Can be used along with chemotherapy and radiation.</td>
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<tr>
<td>• Proper spiritual guidance and counseling improves will power to face the disease, and wards-off fear of death.</td>
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So far, about 350 cancer patients have received the Mahoshadha Kalpa treatment. On evaluation, the results of this treatment have been highly encouraging. This can be witnessed in the case study reports.

We were approached by patients with different types of cancer at different stages. Some of the patients were freshly diagnosed and had not received any conventional treatment, some have taken conventional treatments like chemotherapy and radiotherapy, some have discontinued chemotherapy, and some were only surgically operated.

No matter which stage the cancer was in, we tried to help them with Mahoshadha Kalpa. We could cure a few cases of thyroid cancer, ovarian cancer, cervical cancer, lung cancer and lymphomas. In most cases we could help the patient in various parameters i.e.; improving the quality of life, prolonging life span and life expectancy, development of positive attitude, minimizing the adverse effects of chemotherapy and radiation.
Muniyal Ayurveda Family Clinics

"Disease - a guest, not enemy™" we treat accordingly

Muniyal Ayurveda Family Clinics are established to treat patients with ailments like cancer, diabetes, cardiac and kidney disorders through Muniyal Ayurveda research products and Kalpas. Muniyal Ayurveda Family Clinics also provide total health-care and lifestyle management for the common man in an Ayurvedic way. The commitment towards a patient starts from antenatal care, infant care to geriatric care and spiritual guidance. The clinics promote the concept "Prevention is better than cure".

8 clinics are already functioning at Bengaluru, Mangaluru, Udupi, Manipal, Malad & Navi Mumbai - Mumbai, Kannur - Kerala and Robertsvanj - UP. Muniyal Ayurveda intends to have one clinic in each district of India.

FACILITIES

- Advice on Dinacharya & Rutucharya based on Prakriti to prevent occurrence of diseases
- Guidance on daily practice of Yoga and meditation
- Yearly Panchakarma therapy for rejuvenation
- Line of treatment is as per the ayurvedic principles and special treatment packages are customised for individual needs
- Lifetime management of chronic diseases like diabetes, arthritis, hypertension as per the ayurvedic principles, is ensured
- Maintenance of the whole family profile and regular health monitoring
- Facility of periodic administration of HIRANYAPRAASH™, a natural immune booster with pure medicated gold to infants and children below 12 years, to protect them against common ailments. More than 6,000 children are being administered with HIRANYAPRAASH drops every month.
The Herbal Garden is a novel idea of the Trust. Presently it involves villagers in and around Muniyal, Perdoor and Brahmavara, covering an area of about 500 acres belonging to the villagers and the Trust, where it has taken steps to preserve and protect invaluable and rare medicinal herbs. The Trust has adopted organic farming methods for the cultivation of these medicinal herbs, and has obtained 'Organic Certification' from SKAL, The Netherlands.

The Research Centre and the manufacturing units source their raw materials from these herbal gardens. Steps have also been taken to promote the commercial cultivation of herbs in a controlled atmosphere. Preservation and extensive cultivation of rare and essential medicinal plants is done in a natural way so that the raw material supply to the production unit is self-sufficient and of superior quality.

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Sacitra Caraka Samhita is meant to be an ideal reference book for ayurvedic under-graduates & post-graduates, institutions of Ayurveda all over the world and also for common people who are interested in knowing more about Ayurveda. As more than 100 countries have already accepted Ayurveda as their main system of medicine, we sincerely hope that Sacitra Caraka Samhita satisfies the need of a genuine reference book on ancient Ayurveda.

The inspiration for this sacred work of bringing out "SACITRA CARAKA SAMHITA" is none other than Bhaghavan Gautama Buddha who is known in India as the "Bhaishajya Guru", the master healer of physical and mental illness of all living beings.

This book is the English translation and transliteration of the first 30 chapters (sutra sthanas) among 120 chapters of Caraka Samhita. As against the other books that simply give the original version (Sanskrit sloka) followed by the English meaning, this book gives the split version with English transliteration of each and every word in brackets followed by its specific meaning to suit the context. This makes reading easier and conveys the original meaning of every individual word.

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In the Trust’s Literary Research Unit, classical text books of Ayurveda are compiled, analyzed and published with critical notes and easy presentation. Ayurveda Saara Vol. III & Sacitra Caraka Samhita Vol. I, have already been published.

Dr. M. Vijayabhanu Shetty being conferred with SFE-India - Special Recognition Award 2019 during the 6th International Congress of Society for Ethnopharmacology India (SFEC 2019)